Ted's Bar & Grill

FOOD HOURS
Mon-Thurs / 11am-9pm
Fri-Sun / 11am-10pm

Après every Saturday & Holidays from 3pm-5pm

STARTERS & SHARES

MILE HIGH NACHOS (VO) / $24.99
Tortilla chips layered with melted cheese, onion, bell pepper, corn, black beans, and pickled jalapeños.
+ Add Grilled Chicken or Pulled Pork $7.99
+ Add Plant-Based Cheese $2

WASHY WINGS (GF) / $18.99
Salt & sugar brined, fried 'til crispy.
Choice of Franks, Whiskey BBQ, S&P, or Honey Garlic. Served with carrot sticks, cucumbers, and ranch or blue cheese dip.

BASKET O' RINGS / $15.99
Panko-battered onion rings with special sauce.

DARLING SWEET POTATO FRIES / $15.99
Cajun seasoning, chipotle-lime dip.

PICKLE SPEARS / $15.99
Dill-iciously fried pickle spears, served with ranch.

BIG AIR BREADED CHEESE CURDS / $16.99
Breaded cheese curds with marinara dip.

BASKET OF FRIES — A Mt. Washy Staple (V) / $12.99

CLASSIC POUTINE (VO) / $15.99
Fries, cheese curds, gravy.
+ Add Plant-Based Cheese $1

SOUPS & SALADS

SOUP DU JOUR / Bowl $9.99 Cup $7.99
Freshly prepared in our kitchen. (Bowl includes cheese scone)

WINTER LENTIL SOUP (VG) / Bowl $11.99 Cup $8.99
Slow-cooked lentils, tomato, kale & warm curry spices.
(Bowl includes cheese scone)

Smokey Mountain Chili / Bowl $13.99 Cup $8.99
A local's favourite. Homemade, topped with cheese & sour cream. (Bowl includes cheese scone)

CAESAR SALAD (GFO) / $14.99
Crisp romaine, creamy dressing, shaved parmesan, croutons & lemon.

MOUNTAIN MEXI CHICKEN SALAD (GF) / $21.99
Heritage greens, veggies, tortilla chips, salsa & guacamole.

GREENS & THINGS (VO) / $12.99
Cultivated lettuce, cucumber, carrot, beet & crunchy pepitas.

ENTREES

TED'S CHICKEN TENDERS & FRIES / $20.99
Served with fries and honey mustard or plum sauce.

CRISPY CHICKEN CAESAR WRAP / $22.99
Crispy chicken tenders wrapped with Caesar salad in a flour tortilla.

HIPPY YAM WRAP / $21.99
Tempura yam, black beans, tomato, avocado, heritage greens & chipotle-lime dressing. Groovy!

MOUNTAIN SMASH BURGER (GFO) / $18.99
Fresh beef patty, lettuce, tomato & pickle on a potato bun.
+ Add Jalapeños for $2
+ Add Cheese for $2
+ Add Bacon for $3
+ Add Crispy Onions for $2
(GFO +$4)

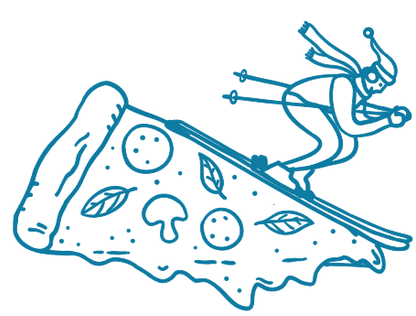
SANTA FE BURGER (VG) / $23.99
Black bean patty, guacamole, lettuce, tomato & pickle.

SKI CLUB (GFO) / $23.99
Grilled chicken breast, lettuce, tomato, bacon, guacamole & ranch.(GFO +$4)

BIG BAD BEEF DIP (GFO) / $25.99
Slow-cooked shaved beef on a pretzel hoagie with garlic aioli & jus. (GFO +$4)

PULLED PORK PIGGIE / $22.99
House-smoked pork, whiskey BBQ sauce, carrot slaw on a pretzel hoagie.

(V) VEGETARIAN	(GFO) GLUTEN-FREE OPTION AVAILABLE
(GF) GLUTEN FREE	(VG) VEGAN: FULLY PLANT-BASED
(VO) VEGETARIAN OPTION AVAILABLE	



Food prices do not include applicable tax. Liquor prices include applicable tax

PIZZA PARTY

Available after 3pm

CHEESY CHEESE (GFO) / $26.99
Four-cheese blend & tomato sauce. (GFO +$3)

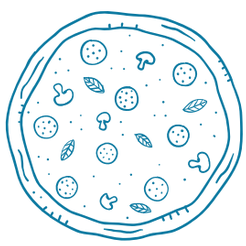
THE CANUCK (GFO) / $29.99
Bacon, mushrooms, pepperoni & cheese. (GFO +$3)

MEDITERRANEAN MADNESS (GFO) / $29.99
Olives, tomato, spinach, feta & cheese. (GFO +$3)

CARIBBEAN DREAM / $29.99
Jerk chicken, pineapple, béchamel & cheese.

POPPIN' PEPPERONI (GFO) / $29.99
Pepperoni, cheese & tomato sauce. (GFO +$3)

VENERABLE VEGAN (VG) / $32.99
Tomato sauce, tomato, olives, spinach & plant-based cheese.



LIL' SHREDDERS KIDS MENU

$12.99 — INCLUDES A FOUNTAIN POP

CHICKEN TENDERS
Served with fries & plum sauce.

PICK PLATE
Grilled chicken, cheddar, veggies, crackers & ranch.

CHEESE PIZZA
Flatbread with sauce & cheese.

ASK YOUR SERVER ABOUT OUR DAILY MENU FEATURES!

EVENTS

Weekly favourite events starting January!

THURSDAY MUSIC BINGO 7 PM - 9 PM

FAMILY FRIDAY NIGHT SPECIALS

SATURDAY APRÈS & LATE NIGHT MUSIC

SUNDAY NIGHT KARAOKE 7 PM - 9 PM

Visit mountwashington.ca/events or scan here for more:

join us for après!

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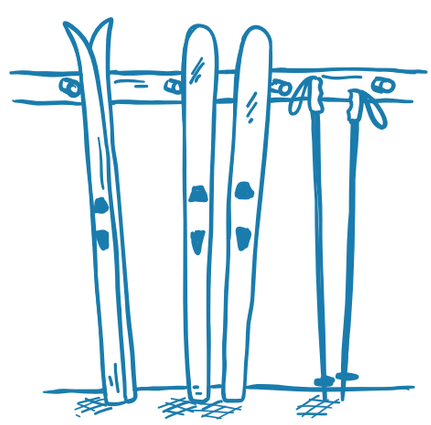

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